



# ORPHANS NO MORE

*After the trauma of attack and loss comes healing—and a richer understanding of the emotions and intelligence of elephants.*



*Even orphaned babies out for their morning walk from the nursery seem to understand the complex structure of*

*elephant society. Here the oldest orphans lie down to invite the younger ones to play on top of them.*



*Many men were needed to lift this rescued two-year-old into her stall. She died the next day. "It's hard if they've spent*

*much time with their wild family," says Angela Sheldrick, who heads the trust. "They just give up."*



*The introduction of orphan elephants to Tsavo National Park is bringing wild herds back to a region devastated by*

*poaching decades ago. Ithumba mountain is near the park's northern border.*





*Elephants enjoy their midday ablutions near the Voi stockades in Tsavo National Park. Daily mud baths are key to*

*elephant hygiene, offering them effective sun protection while also cleansing their skin of bugs and ticks.*

By Charles Siebert

Photographs by Michael Nichols

A long the northern rim of Kenya's Nairobi National Park, a mysterious array of brightly colored wool blankets can be seen draped over the gnarled branches of some of the forest's upwardly braiding croton trees. Set against the region's otherwise drab browns and greens, the hanging blankets could be construed as remnants of some

ancient tribal ritual—until shortly before five each evening, when their function as part of a new interspecies experiment becomes apparent.

Off in the distance a few upright figures in bright green coats and crumpled white safari hats appear, calling out names in trilling, high-pitched voices: “Kalama!” “Kitirua!” “Olare!” All at once baby elephants emerge from the brush, a straggled procession of 18 flap-eared brown heads, their long trunks steering their bulbous heft with a heavily hypnotic grace. They come to rest beneath the color-draped trees, where the keepers tie a blanket around each one for warmth before resuming the trek home.

Home is the Nairobi nursery of the David Sheldrick Wildlife Trust, the world's most successful orphan-elephant rescue and rehabilitation center. The nursery takes in orphan elephants from all over Kenya, many victims of poaching or human-wildlife conflict, and raises them until they are no longer milk dependent. Once healed and stabilized at the nursery, they are moved more than a hundred miles southeast to two holding centers in Tsavo National Park. There, at their own pace, which can be up to eight to ten years, they gradually make the transition back into the wild. The program is a cutting-edge experiment in cross-species empathy that only the worst extremes of human insensitivity could have necessitated.

These are sad and perilous days for the world's

largest land animal. Once elephants roamed the Earth like waterless whales, plying ancient migratory routes ingrained in their prodigious memories. Now they've been backed into increasingly fragmented territories. When not being killed for their tusks or for bush meat, they are struggling against loss of habitat due to human population pressures and drought. A 1979 survey of African elephants estimated a population of about 1.3 million. About 500,000 remain. In Asia an estimated 40,000 are left in the wild. And yet even as the elephant population dwindles, the number of human-elephant conflicts rises. In Africa, reports of elephants and villagers coming into conflict with each other appear almost daily.

A recent arrival at the Nairobi nursery was an elephant named Murka, rescued near Tsavo National Park with a spear lodged deep between her eyes and gaping spear and axe wounds along her back and sides. The spear had penetrated ten inches, rupturing her sinuses, which prevented her from using her trunk to drink. Her deep wounds were filled with maggots. Most likely orphaned by poachers who killed her mother for profit, the one-year-old baby is believed to have been subsequently attacked by local Maasai tribesmen who were angry about losing their traditional grazing land to the park. A mobile vet unit was able to tranquilize her, clean her wounds, and extract the spear.



*Daphne Sheldrick, who founded the Nairobi Elephant Nursery, makes her evening rounds. In 1987 Sheldrick, a pioneer of wild animal rehabilitation, became the first person to rear a milk-dependent orphan African elephant.*

The plight of elephants has become so dire that their greatest enemy—humans—is also their only hope, a topsy-turvy reality that moved a woman named Daphne Sheldrick to establish the nursery back in 1987. Sheldrick is fourth-generation Kenya-born and has spent the better part of her life tending wild animals. Her husband was David Sheldrick, the renowned naturalist and founding warden of Tsavo East National Park who died of a heart attack in 1977. She's reared abandoned baby buffalo, dik-diks, impalas, zebras, warthogs, and black rhinos, among others, but no creature has beguiled her more than elephants.

Orphan infant elephants are a challenge to raise because they remain fully dependent on their mother's milk for the first two years of life and partially so until the age of four. In the decades the Sheldricks spent together in Tsavo, they never succeeded in raising an orphan younger than one because they couldn't find a formula that matched the nutritional qualities of a mother's milk. Aware that elephant milk is high in fat, they tried adding cream and butter to the mix, but found the babies had trouble digesting it and

soon died. They then used a nonfat milk that the elephants could digest better, but eventually, after growing thinner and thinner on that formula, these orphans succumbed as well. Shortly before David's death, the couple finally arrived at a precise mixture of human baby formula and coconut. This kept alive a three-week-old orphan named Aisha, helping her grow stronger every day.

It was Aisha that revealed to Daphne another essential ingredient for raising an orphan elephant. When Daphne traveled to Nairobi to prepare for a daughter's wedding, she left Aisha, then six months old, in the care of an assistant. In the two weeks she was away, Aisha stopped eating and died, apparently overcome with grief at the loss of another mother. “When Aisha died, I realized the mistake I'd made,” says Daphne, still pained by the memory. “She missed me too much. You mustn't let an elephant get too

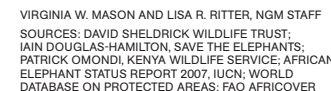
*Charles Siebert wrote about efforts to preserve the diversity of our food supply in the July issue. Michael Nichols is an editor at large for the magazine. His upcoming elephant book is Earth to Sky.*



After a death, family members show signs of grief and exhibit ritualistic behavior. Field biologists such as Joyce Poole, who has studied Africa's elephants for more than 35 years, describe elephants trying to lift the dead body and covering it with dirt and brush. Poole once watched a female stand guard over her stillborn baby for three

When it was time to head toward the nursery stables, I positioned myself along one flank of

The David Sheldrick Wildlife Trust raises orphan elephants from across Kenya in stages that mirror maternal care in the wild. Most were orphaned by poachers or by farmers protecting crops. Many are infants separated from their group after falling into wells dug for livestock. Even as Kenya's decimated elephant numbers rise, a growing human population means that problems of sharing land will persist.



*Young elephants that have experienced assaults on their psyches may exhibit signs of post-traumatic stress, just like orphaned children in the wake of war or genocide.*

the pachyderm procession. I'd started off toward the trees of blankets, when an elephant trunk suddenly struck my midsection with such force that I dropped to my knees.

"I forgot to warn you," Lusichi said, helping me up with a broad smile. "Tumaren doesn't like it when anyone walks ahead of her."

SPEND ENOUGH TIME around elephants and it's difficult not to anthropomorphize their behavior. "Elephants are very human animals," says Sheldrick, sitting one afternoon on the back porch of her house at the edge of the nursery grounds, the wide, acacia-dotted plains of Nairobi National Park sprawling in the distance. "Their emotions are exactly the same as ours. They've lost their families, have seen their mothers slaughtered, and they come here filled with aggression—devastated, broken, and grieving. They suffer from nightmares and sleeplessness."

What makes this particular moment in the fraught history of elephant-human relations so remarkable is that the long-accrued anecdotal evidence of the elephant's extraordinary intelligence is being borne out by science. Studies show that structures in the elephant brain are strikingly similar to those in humans. MRI scans of an elephant's brain suggest a large hippocampus, the component in the mammalian brain linked to memory and an important part of its limbic system, which is involved in processing emotions. The elephant brain has also been shown to possess an abundance of the specialized neurons known as spindle cells, which are thought to be associated with self-awareness, empathy, and social awareness in humans. Elephants have even passed the mirror test of self-recognition, something only humans, and some great apes and

dolphins, had been known to do.

This common neurobiology has prompted some scientists to explore whether young elephants that have experienced assaults on their psyches may be exhibiting signs of post-traumatic stress disorder (PTSD), just like orphaned children in the wake of war or genocide. Gay Bradshaw, a psychologist and the director of the Kerulos Center in Oregon, has brought the latest insights from human neuroscience and psychology to bear on startling field observations of elephant behavior. She suspects that some threatened elephant populations might be suffering from chronic stress and trauma brought on by human encroachment and killing.

Before the international ivory trade ban in 1989, poaching took a steep toll on many elephant populations, and in some instances significantly altered their social structure because poachers tended to target older elephants. Field biologists found that the number of older matriarchs, female caregivers, and bulls in vulnerable groups had fallen drastically. In Uganda, for instance, one study reported that many females between the ages of 15 and 25 had no close family members whatsoever.

In the decades since the ban, some populations have stabilized, though most elephants remain threatened by human encroachment. As poaching has flared up in the past five years in the Congo Basin and large swaths of central and eastern Africa, many elephant families there have lost most of their adult females. Where such social upheaval exists, calves are being raised by ever more inexperienced females. An increasing number of young orphaned elephants, many of which have witnessed the death of a parent through culling or at the hands of poachers, are coming of age in the absence of the traditional support system. "The loss of older elephants," says Bradshaw, "and the extreme psychological and physical trauma of witnessing the massacres of their family members interferes with a young elephant's normal development."

Bradshaw speculates that this early trauma, combined with the breakdown in social structure, may account for some instances of aberrant



*Emily, now 17 years old and the matriarch of her herd, greets head keeper Joseph Sauni a day after he helped remove a poacher's arrow from her side. Elephants released into the wild often come back for help, says Sauni, "or to show off babies."*

elephant behavior that have been reported by field biologists. Between 1992 and 1997, for example, young male elephants in Pilanesberg Game Reserve in South Africa killed more than 40 rhinoceroses—an unusual level of aggression—and in some cases had attempted to mount them. The young elephants were adolescent males that had witnessed their families being shot in cullings at Kruger National Park—sanctioned killings to keep elephant populations under control. At that time it was common practice for such orphaned elephant babies to be tethered to the bodies of their dead relatives until they could be rounded up for translocation to new territories. Once moved to Pilanesberg, the orphans matured without the support of any adult males. "Young males often follow older, sexually active males around," says Joyce Poole, "appearing to study what they do. These youngsters had no such role models."

For Allan Schore, an expert on human trauma disorders at UCLA who has co-authored papers with Bradshaw, the behavior of these elephants conforms to a diagnosis of PTSD in humans. "A large body of research shows that the

neurobiological mechanisms of attachment are found in many mammals, including humans and elephants," he explains. "The emotional relationship between the mother and her offspring impacts the wiring of the infants' developing brain. When early experiences are traumatic, there is a thinning down of the developing brain circuits, especially in areas that process emotional information and regulate stress. That means less resilience and an enduring deficit in aggression regulation, social communication, and empathy."

One effort to repair the torn fabric of an elephant group lends further support to the idea that early trauma and a lack of role models can lead to aggression: After Joyce Poole suggested that park rangers in South Africa introduce six older bull elephants into Pilanesberg's population of about 85 elephants, the aberrant behavior of the marauding adolescent males—and their premature hormonal changes—abruptly stopped.

IF ELEPHANTS CAN WOUND LIKE US, they can heal like us as well, perhaps more readily. With humans acting as stand-ins for their mothers,



*Most of the orphans recover to become wild elephants again. They return in wary, halting, half measures at first, caught between a deep devotion to their human caregivers and the irresistible call of their true selves.*

along with the help of the other nursery elephants, the majority of the orphans that survive recover to become fully functional wild elephants again. To date, Sheldrick's nursery has successfully raised more than a hundred orphan elephants. They have returned to the wild in wary, halting, half measures at first, having become "homo-pachyderms," caught between a deep devotion to their human caregivers and the irresistible call of their true selves.

One evening during the dry season a huge group of wild elephants emerged from the bush to drink at the water trough at the Ithumba compound in Tsavo, one of two locations where the orphans transition to the wild. There were 25 to 30 elephants—massive, long-tusked bulls and matriarchs, adolescent males and females, some ex-orphans, and several newborn calves. Directly alongside the trough were the open-air stockades where the Ithumba orphans had already gathered for the night, staring over at their wild counterparts, which, between sips, stared back. The keepers and I were standing no more than 30 yards from the wild group, much closer than one usually would get. And the elephants were much closer to humans than wild ones normally venture. The dreamlike scene was dictated by the presence of the orphans and their conversations with the wild group. "They have let the wild ones know it is OK," explained Benjamin Kyalo, Ithumba's head elephant keeper. "The word is clearly being spread around Tsavo: Good humans. Good water. Let's go!"

By day the keepers lead the orphans into the bush to browse. They deliver midday bottles of formula at a designated mud-bath venue. When a cluster of wild elephant heads appears in the distance, the keepers keep the milk-dependent

orphans close, not allowing them to leave with the group. But by the age of five or seven, the orphans may go off with the wild ones. Some will stay out for a few nights before returning to the stockades, as though they'd been away at a sleepover. Some will go for good, becoming full-fledged members of their own wild families.

One orphan named Loijuk was so eager to join a wild group that she twice opened the Ithumba gate with her trunk and let herself out. Months after the second breakout she had become a member of a wild ex-orphan group. Another precocious orphan named Irima was just over three years old and still milk dependent when he insinuated himself into a wild group near Voi, the other stockade where orphans are introduced to the wild. After five days the Voi keepers heard a series of frantic, high-pitched elephant trumpets coming from the direction of an electrified fence. "Irima must have told the group that he still needed his milk and orphan family and wanted to go back, so Edo [a former orphan] escorted him home," Voi's head keeper, Joseph Sauni, recalls. "The keepers opened the gate, and Edo escorted Irima all the way back to the stockades. Edo drank some water from the well, ate some food, and took off again. Mission accomplished."

Even fully "repatriated" orphans like Edo will return to the stockades to visit their human family. In December of 2008 Emily, a matriarch that had been brought to the Nairobi nursery in 1993, showed up at the Voi stockades one afternoon with her group and a surprise guest. "She'd given birth the day before, about a mile away," says Sauni. "She led the baby here to show us her newborn. We named her Eve."

BACK AT THE NAIROBI NURSERY the baby elephants return for their six o'clock feeding, breaking into a full sprint once they see the line of keepers holding up huge bottles of milk before each of the stables. A major ruckus ensues when they arrive—some stable assignments have changed to make room for a new arrival, and elephants hate alterations to their routine. The nursery's most veteran keeper, Mishak Nzimbi—



*A keeper indicates the depth to which this spear penetrated the head of 20-month-old Murka. More than a year after her rescue, Murka has left the nursery and is one step closer to rejoining a wild elephant group.*

known as the "elephant whisperer" and the clear favorite of all the orphans—steps into the fray. Heeding little more than an upheld hand and one stern utterance, the residents settle into place, sucking down gallons of formula in seconds.

"The control the keepers have over these elephants, without even a stick or anything!" marvels Daphne's younger daughter, Angela, the current executive director of the David Sheldrick Wildlife Trust. "It all stems from the elephants' desire to please someone they love. It's amazing and beautiful to see. With elephants you reap what you sow, and the way you get the most out of them is through love."

We walk over to the stable marked Murka—the orphan that had been found with a spear lodged in its head. "Now look at her," Daphne says, as Murka, with only the slightest indent in her forehead to show for her brutal ordeal, approaches the half-opened door of her stable and takes two of my fingers to suckle on. "The vets didn't expect her to make it through the first night."

"And she's healed psychologically," Angela

adds. "She was one extremely traumatized little elephant when she first woke up, lashing out at everyone—and rightly so. But slowly she began to trust again, and after about a month she wasn't just fine about people, she was seeking them out. And it wasn't just our doing. She would never have recovered so quickly without the input of other elephants."

All around us orphans and keepers are settling in for the night. Each elephant sleeps with a different keeper every night to prevent it from getting too attached to a particular person—and perhaps vice versa. Leaning on the stable door, Nzimbi, Murka's overseer for the night, recalls first visiting the nursery 22 years earlier. He immediately asked Daphne for a job. "I understand these animals," he says. "I love them so much."

Directly above Murka's straw and blanket bed is Nzimbi's bunk, with a small radio perched by his pillow. I ask if he has an alarm clock to wake him for the elephants' feedings.

"Oh no," he says. "Every three hours you feel a trunk reach up and pull your blankets off. The elephants are our alarms." □



*Too young and fragile to be integrated with the other orphans, two-week-old Wasin was swaddled in a blanket, its*

*heft and warmth a poor substitute for her slain mother. Weeks later Wasin abruptly died of unknown causes.* 57



*Orphans playfully vie for a bottle of formula not finished by little Sities, the blanketed baby at the keeper's feet.*

*Every three hours the orphans are fed the formula, which was developed at the nursery over decades.*





*Mzima, a poaching victim, greets schoolchildren visiting Tsavo National Park. "To poachers," says Daphne Sheldrick,*

*"elephants are just money and meat. But that is changing. The word is getting out to a younger generation."*



*An orphan lies down for a post-feeding nap at the Nairobi nursery. Elephants, among the most intelligent creatures*

*on Earth, may have no future without our help.*